

Lakeland Spine Center

Lakeland Spine Center
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www.lakelandspinecenter.com

What We Do

Lakeland Spine Center is a chiropractic care practice in Lakeland, Florida, that uses the most modern non-surgical techniques available to relieve musculoskeletal pain and related diseases, including whiplash, degenerative disc disease, sports injuries, disc herniation, carpal tunnel syndrome, and spinal stenosis from congenital problems. We diagnose and treat pain stemming from auto accidents, along with arm and leg pain, headaches, and other uncomfortable situations that can sometimes be treated through chiropractic care and massage.

Our comprehensive evaluation tells you what non-surgical options are likely to reduce or eliminate your back or joint pain.

In addition to chiropractic care, our clinic offers massage therapy by Licensed Massage Therapists (LMT), physical therapy modalities, exercise, and medical care delivered by board-certified medical physicians.

Why Us?

Since medical knowledge is always growing, we make sure to keep up with the most current knowledge and best practices in our field, giving our patients the advantage of the most modern technology and techniques.

In addition, we are convinced that a multi-disciplined approach to back pain and other conditions is the most effective because such an approach results in better diagnosis and better treatment of all aspects of the condition. Therefore, we offer a "team approach" to most conditions, covering the areas of chiropractic care, massage therapy, physical therapy modalities, exercise, and traditional medical care. This many-sided approach to pain relief and overall wellness is the key to quality care and is therefore our commitment to our patients.

It's our goal to get you back into life, fully operational. We believe that you don't have to live with debilitating pain that

hinders your quality of life.

Prices and Warranties

The Lakeland Spine Center works with a wide range of insurance plans, though coverage varies. For those with little or no chiropractic insurance coverage, our flex plans provide an affordable alternative to ensure you get the treatment you need.

The Lakeland Spine Center is a member of both the American Chiropractic Association and the Florida Chiropractic Association.

Featured Items and Specialties

We specialize in pain management through spinal decompression, trigger point injections, neuromuscular massage, strength and flexibility training, myofascial release therapy, and acupuncture. In addition, we treat sports injuries, especially of the joints, and the bodily strains that sometimes come with old age or obesity, including hip and knee pain. It's our pleasure, also, to help heal disc abnormalities without the danger and strain of surgery.

Lakeland Spine Center's hours of operation are Monday, Wednesday, and Friday 8:00-12:00 and 2:00-6:30, Tuesdays 9:00-12:00 and 2:00-5:00, and Thursdays 9:00-12:00. Call to schedule an evaluation from one of our professionals. Hasn't your body been in pain long enough?